

**January 2019**

**BREAKFAST Middle/High School**



Menu Subject to Change do to Out of Stock Items

“This institution is an equal opportunity provider.”

Mon	Tue	Wed	Thu	Fri
	1 NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
7 NO SCHOOL	WAFFLE LUCKY CHARMS CEREAL/GRAM CHOCOLATE DONUTS (6 PKG) WATERMELON RAISINS VARIETY JUICE MILK	BIS/SAUSAGE COCOA PUFF CEREAL/GRAM BANANA MUFFIN/GRAM CRAISINS VARIETY JUICE MILK	MINI PANCAKES HONEY NUT CEREAL/GRAM CHERRY YOGURT/GRAM APPLESAUCE VARIETY JUICE MILK	DONUT/GRAM REESE CEREAL/GRAM STRAWBERRY POP TART FRESH FRUIT VARIETY JUICE MILK
14 EGGS/SAUSAGE/TOAST REESE CEREAL/GRAM STRW-BANANA YOGURT/GRAM PEACH CUP VARIETY JUICE MILK	EGG WRAP LUCKY CHARMS CEREAL/GRAM POWERED DONUTS (6 PKG) WATERMELON RAISINS VARIETY JUICE MILK	CINNAMON ROLL COCOA PUFF CEREAL/GRAM CHOCOLATE MUFFIN/GRAM CRAISINS VARIETY JUICE MILK	BK PIZZA HONEY NUT CEREAL/GRAM CHERRY YOGURT/GRAM APPLESAUCE VARIETY JUICE MILK	NO SCHOOL
21 NO SCHOOL	PANCAKE ON STICK LUCKY CHARMS CEREAL/GRAM CHOCOLATE DONUTS (6 PKG) WATERMELON RAISINS VARIETY JUICE MILK	EGGS/SAUSAGE/TOAST COCOA PUFF CEREAL/GRAM BLUEBERRY MUFFIN/GRAM CRAISINS VARIETY JUICE MILK	WAFFLE HONEY NUT CEREAL/GRAM CHERRY YOGURT/GRAM APPLESAUCE VARIETY JUICE MILK	FRENCH TOAST REESE CEREAL/GRAM CINNAMON POP TART FRESH FRUIT VARIETY JUICE MILK
28 BK PIZZA REESE CEREAL/GRAM STRW-BANANA YOGURT/GRAM PEACH CUP VARIETY JUICE MILK	WAFFLE LUCKY CHARMS CEREAL/GRAM CHOCOLATE DONUTS (6 PKG) WATERMELON RAISINS VARIETY JUICE MILK	BIS/SAUSAGE COCOA PUFF CEREAL/GRAM BANANA MUFFIN/GRAM CRAISINS VARIETY JUICE MILK	MINI PANCAKES HONEY NUT CEREAL/GRAM CHERRY YOGURT/GRAM APPLESAUCE VARIETY JUICE MILK	

# January 2019

## LUNCH High School

*Happy  
New Year*

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 Anything in ( ) is on Snack Bar side only

Mon	Tue	Wed	Thu	Fri
	1 NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
7 NO SCHOOL	Chicken Poppers/Roll/Gravy Turkey Ham & Cheese Sandwich Carrot Sticks—Steamed Broccoli Applesauce—Juice—Milk (Spicy Chicken Fries /Roll—Cheeseburger)	Chicken Strips/Roll/Gravy Turkey Ham & Cheese Sandwich Waffle Fries—Green Beans Fruit Cocktail—Juice—Milk (Wings—Cheeseburger)	Quesadilla Chef Salad Refried Beans—Salad Cup—Salsa Pineapple—Fresh Fruit—Milk (Crispitos—Cheeseburger)	Meatloaf/Roll Corn Celery & Tomatoes Peaches—Juice—Milk (Pizza—Cheeseburger)
14 Spaghetti/Bread Sticks PB&J Green Beans— Carrot Sticks Mandarin Oranges—Juice—Milk (Chicken Sand—Cheeseburger)	Oven Fried Chicken Turkey Ham & Cheese Sandwich Mashed Potatoes—Fresh Broccoli Applesauce—Juice—Milk (Spicy Chicken Fries/Roll—Cheeseburger)	BBQ Turkey Ham & Cheese Sandwich Baked Beans—Cole Slaw Fruit Cocktail—Juice—Milk (Wings—Cheeseburger)	Enchiladas Chef Salad Refried Beans—Salad Cup—Salsa Pineapple—Fresh Fruit—Milk (Crispitos—Cheeseburger)	NO SCHOOL
21 NO SCHOOL	Steak Fingers/Roll/Gravy Turkey Ham & Cheese Sandwich Steam Cabbage—Black Eye Peas Applesauce—Juice—Milk (Spicy Chicken Fries/Roll—Cheeseburger)	Salisbury Steak/Roll Turkey Ham & Cheese Sandwich Mashed Potatoes—Green Beans Fruit Cocktail—Juice—Milk (Wings—Cheeseburger)	Chicken Fajita Chef Salad Pinto Beans—Salad Cup—Salsa Pineapple—Fresh Fruit—Milk (Crispitos—Cheeseburger)	Meat Ball Sub Corn Fresh Broccoli & Tomatoes Peaches—Juice—Milk (Pizza—Cheeseburger)
28 Asian Chicken Rice Bowl PB&J Steamed Broccoli—Carrot Sticks Mandarin Oranges—Juice—Milk (Chicken Sand—Cheeseburger)	Chicken Poppers/Roll/Gravy Turkey Ham & Cheese Sandwich Sweet Tots—Ranch Style Beans Applesauce—Juice—Milk (Spicy Chicken Fries/Roll—Cheeseburger)	Chicken Strips/Roll/Gravy Turkey Ham & Cheese Sandwich Mashed Potato—Green Beans Fruit Cocktail—Juice—Milk (Wings—Cheeseburger)	Frito Pie Chef Salad Pinto Beans—Salad Cup—Salsa Pineapple—Fresh Fruit—Milk (Crispitos—Cheeseburger)	

# January 2019 BREAKFAST in Class



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	
7	NO SCHOOL	Cereal Variety Juice Applesauce Milk	Pig Variety Juice Watermelon Raisels Milk	Donut Variety Juice Peach Cup Milk	Cream Cheese Bagel Variety Juice Fresh Fruit Milk	
14	Pig Variety Juice Craisins Milk	Pop Tart Variety Juice Applesauce Milk	Egg Wrap Variety Juice Watermelon Raisels Milk	BK Pizza Variety Juice Peach cup Milk	NO SCHOOL	
21	NO SCHOOL	Cereal Variety Juice Applesauce Milk	Mini Pancakes Variety Juice Watermelon Raisels Milk	Pig Variety Juice Peach Cup Milk	Cini Mini Variety Juice Fresh Fruit Milk	
28	Pancake on a Stick Variety Juice Craisins Milk	Cereal Variety Juice Applesauce Milk	Pig Variety Juice Watermelon Raisels Milk	Donut Variety Juice Peach Cup Milk		

# January 2019

## LUNCH Head Start/Pre-K/Elem/MS



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	
7	NO SCHOOL	Meatballs/Bread Sticks Turkey Ham & Cheese Sandwich Carrot Sticks Steamed Broccoli Applesauce Milk (Cheeseburger)	Chicken Sandwich Turkey Ham & Cheese Sandwich Tater Tots Green Beans Fruit Cocktail Milk (Spicy Chicken Sandwich)	Quesadilla Turkey Ham & Cheese Sandwich Refried Beans Salad Cup-Ranch Pineapple Milk (PB&J—Chef Salad—Salsa)	Pizza Corn Celery & Tomatoes Fresh Fruit Milk	
14	Cheeseburger Turkey Ham & Cheese Sandwich Green Beans Carrot Sticks Mandarin Oranges Milk (Wings/Cheese/Roll)	Oven Fried Chicken Turkey Ham & Cheese Sandwich Mashed Potato Fresh Broccoli Applesauce Milk (Cheeseburger)	BBQ Turkey Ham & Cheese Sandwich Cole Slaw Baked Beans Fruit Cocktail Milk (Original/Spicy Chicken Sandwich)	Enchiladas Turkey Ham & Cheese Sandwich Refried Beans Salad Cup-Ranch Pineapple Milk (PB&J—Chef Salad—Salsa)	NO SCHOOL	
21	NO SCHOOL	Steak fingers Turkey Ham & Cheese Sandwich Black Eyed Peas Steamed Cabbage Applesauce Milk (Cheeseburger)	Cheeseburger Turkey Ham & Cheese Sandwich Carrot Sticks Green Bean Fruit Cocktail Milk (Original/Spicy Chicken Sandwich)	Crispitos Turkey Ham & Cheese Sandwich Pinto Beans Salad Cup-Ranch Pineapple Milk (PB&J—Chef Salad—Salsa)	Pizza Corn Fresh Broccoli & Tomatoes Fresh Fruit Milk	
28	Chicken Poppers Turkey Ham & Cheese Sandwich Carrot Sticks Ranch Style Beans Mandarin Oranges Milk (Spicy Chicken Fries/Roll)	Meat Loaf/Roll Turkey Ham & Cheese Sandwich Mashed Potato Steamed Broccoli Applesauce Milk (Cheeseburger)	Corn Dog Turkey Ham & Cheese Sandwich Ranch Style Beans Green Beans Fruit Cocktail Milk (Original/Spicy Chicken Sandwich)	Frito Pie Turkey Ham & Cheese Sandwich Pinto Beans Salad Cup-Ranch Pineapple Milk (PB&J—Chef Salad—Salsa)		